

Assignment

Nursing Scenario

Student's Name

Institutional Affiliation

Course

Professor

Date

Nursing Scenario

The scenario focused on a 50-year-old female patient suffering from chronic back pain experiencing radiculopathy. This condition sometimes causes a lot of pain in the left leg, which worries her. The pain has persisted occasionally in the last ten years, but she uses Motrin to manage the pain. The problem started when the patient fell down the stairs in her workplace, and this pain has persisted ever since. The PCP nurse conducted the patient evaluation through X-ray technology. The conclusions indicate that the patient was recommended for physical exercise and steroids to enable her to manage the pain.

The patient has continued complaining due to the pain she felt in the left leg, which was attributed to radiculopathy. The PCP recommended treatment with the help of MRI and Gabapentin. Working alongside the physician, the nurse helped to assess whether the cyst would be removed. After approval, a surgery was organized that helped to undertake a surgical intervention with further findings indicating that the cyst may have existed for ten years.

MSN nurses should accurately determine when higher-level treatment is needed to help the patient recover. Understanding how the different body systems are connected helped conclude how to help the patient (Busari et al., 2017). Referring to this scenario, the nurse considered the patient's needs and thus helped draft a treatment plan that resulted in the surgical process.

Competency in pharmacology, pathophysiology, and physical assessment is significant when dealing with complex scenarios. The patient suffered from chronic pain, which required the partnership of various professionals to help the patient manage the pain (Zambas et al., 2016). Such a scenario requires specialized knowledge and understanding of the condition in managing chronic illnesses.

References

Busari, J. O., Moll, F. M., & Duits, A. J. (2017). Understanding the impact of interprofessional collaboration on the quality of care: a case report from a small-scale resource limited health care environment. *Journal of Multidisciplinary Healthcare*, 10, 227–234. <https://doi.org/10.2147/JMDH.S140042>

Zambas, S. I., Smythe, E. A., & Koziol-McLain, J. (2016). The consequences of using advanced physical assessment skills in medical and surgical nursing: A hermeneutic pragmatic study. *International Journal of Qualitative Studies on Health and Well-Being*, 11(1), 32090. <https://doi.org/10.3402/qhw.v11.32090>