

## **Chapter 5: Discussion, Conclusion and Recommendations**

This chapter will provide an in-depth discourse on the feedback from the study on the key issues that are impacting provision of quality palliative care to the critically ill patient in Bermuda. The analysis of the issues will delve in the institutionalized model based on its shortcoming and merits making a comparison with the home-based palliative care. The key issues underlying these problems are to be explained, and apt solutions proposed that will facilitate better care. Both systematic and political issues will be discussed, and a strategic approach formulated. Lastly, there will be the provision of the recommendation and conclusion.

### **Institutionalized and Home-based Palliative Care**

People that suffer from advanced illness have a preference of living at home as opposed to the hospital. However, there are challenges in selecting the appropriate palliative model that will meet the needs of the seriously ill people at an affordable cost (LaVigne et al., 2018). Lustbader et al., (2017) emphasizes on the need to incorporate a practical home-based care evaluation to overcome some of the existing limitations. Some of the limitations under the institutionalized model includes increased patients' population, reduced quality of care, lack of technological resources to cater for the needs of the patients and shortage of the healthcare providers.

As provided by the healthcare practitioner and staffs there are limitations in catering for the rising number of patients which is majorly composed of the aged population. The increase in the number of baby boomer has resulted in more of the patients suffering from the aged diseases increasing their hospitalization (Bhavsar et al., 2017). Therefore, having a support system such