

# NURSING PORTFOLIO SAMPLES

## Personal information:

Iva Anderson

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## Work experience:

Date: July 2014 - up to now

Position: Nurse, Clinics for heart and blood vessels Melbourne:

Jobs and Responsibilities: Work commitments included helping and caring for patients through personal commitment, medical care and care, as well as emotional support, document management, and medical information entry, descriptive and electronic information handling. Commitments also included patient monitoring, viewing, recording and reporting changes in their condition, adjusting their medical treatment, if necessary, consulting and coordinating with the medical team of doctors to improve the patient's healing process and improve care for him/ her.

Labour department: Health sector

Date: August 2010 - until January 2014

Position: Nurse, Health Center Geelong:

Jobs and Responsibilities: The responsibilities involved the visits and preparation of patients, assisting in their treatments, exercises, with their child's follow-up, physical activity and general condition. Other activities included ordering, interpreting, presenting and monitoring patient diagnostic tests to determine progress in their state of health. Also performing and working directly with patient admission, cooperation with patients and their family members.

Labour department: Reception clinic

## Education:

Higher Medical School, Geelong, 2007-2010.

Completed General Secondary Medical School, 2003-2007.

Knowledge of German and French and computer work.

I'm a so happy woman. I do not know why God was so generous to me, leading me to the job of nursing. I visit patients from the morning, many of whom are in very bad condition. Half of the people die of heart disease and disease of blood vessels. Therefore, in co-operation with the House of Hearts Foundation, I conduct a public health campaign to raise awareness among people for the risk factors that may affect them and lead to increased blood fat, increased blood pressure, physical inactivity ... To help cardiologists follows the trends of the development of modern cardiology in 2006, I initiated the founding of the Association of Cardiology Nurses, where I am the president. The main aim of the association is to assist the nurses in acquiring new knowledge and sharing experiences with colleagues in the country and the world and preserving the core values of nursehood. If I was born again, I would be a nurse without hesitations. Nursehood appeared from the need to help the sick, the needy, the abandoned ... Even today, in modern medicine and sophisticated devices patients continue to suffer. Today, at the time of the revolutionary technological development of biomedical sciences and the financial imperative of insurance and

health systems, we the nurses prevent the dehumanization of medicine. The nurse must know how to approach both the rich and the poor. How to access and educate a person who has a miserable pension to have healthy eating habits. Many patients think they know everything because they are reading on the internet ... Sometimes the doctor is disappointed that despite the application of sophisticated drugs and procedures, there has been no cure because the disease has advanced. Then the nurse is responsible for not leaving the patient, especially in the last days of his life. Many old and helpless people, for objective and subjective reasons, can not get adequate care in their families, family members are dissatisfied that they can not be long-termed in hospitals. Unfortunately, in our home country, palliative care is not integrated into the health care system in an appropriate way, so nurses appeal to those responsible in the system to quickly approach the problem solving so that adequate care is provided to the patients and family members. Often medicine is too much to mix with God in business because we treat it and when we know that the outcome will not be what we want. Sometimes anxiety is extended for both patient and family members. However, it is in the first place to be an interest of man not only as a patient but above all man as a person. The meaning of nursing, its fundamental value, is the greatest benefit of a 'person' patient.

Ever since in elementary school I decided what I want to be in life. At school I was never the best in the classroom, but I was a very good or excellent student. By coming to practice in the hospital, my life finally got the sense. When I came to Rebro, there was no happier person than me. My first practice was in the coronary unit. I remember like it was yesterday. Fascinating! Already on the first or second day I had a chance to see what it meant to save somebody's life. I watched the medical team revive the lady who suffered a heart attack. And I wanted to do it. Probably the doctors and nurses saw my love for that job and as soon as I finished high school I offered my job at Reb and that's where I wanted - in the coronary unit. Cardiology is my life. There's no chance I'll ever go from cardiology, and especially to get away from the patients. It is incorrect to think that the nurse is doing just what the doctor says. She is an autonomous member of a multidisciplinary team, an associate physician and other health professionals. Nurse's education has now been elevated to academic level and nurses are dealing with science. However, they must always protect the interests of the patient. For example, a doctor takes care of the treatment, but the nurse knows if the man is educated and capable of taking the medicine at home. I love medicine, but I would never want to be a doctor. Complementary relationship between medicine and health care. Much love, knowledge and skill have been incorporated into human care. However, they rarely speak about it because often the end result is death. Others rarely talk because it is not attractive or attractive. However, when they find themselves in the role of a patient, they realize that their nursing is a smile and a warm handshake is the best cure. I have personally been in such situations many times. There are many sudden deaths. Cardiology is a high mortality rate for patients. Through all these encounter with death, I was not scared at all, for I realized that earthly life is only pilgrimage to eternity and that death is an integral part of life.