**Professional Paper**

**Personal Definition of Nursing**

Borrowing from the definition by The American Nurses Association (2015), nursing for me is the practice of looking after patients and providing them with the necessary assistance including drug administration, moral support, love, and advocacy. The practice aims at ensuring that the patient ultimately regains their health or can lead a productive life.

**Personal Reasons for Studying Nursing**

The main reason for pursuing a career in nursing is to advance my knowledge in the field so I can eventually be able to impart the same to students interested in the profession. It is my practice as a nurse that has enabled me to be able to take care of my mother who's been suffering from dementia. The challenging nature that has come out in my online course makes me want to pursue the career even more since it gives me profound joy.

**Core Values that Exemplify My Self-Values in Relation to Nursing Values**

My mother is my first patient to me, as with any of the patients I have cared for, I develop a bond with my patients in the process of recovery. The result is my joy in seeing them regaining their health, and this healthy relationship enables me to get to know the patient even better. The better the relationship, the better I can be able to shape the caring framework to suit the particular patient's needs a fact that plays a significant role in the recovery process (Fowler, 2015). To get a patient to understand the process and stick to the routine but also be able to communicate with me about any concerns calls for patience, empathy, and understanding on my part. This, therefore, calls for some level of leadership qualities on my part which I have developed over my 20 years of practice. It ensures that I can adequately engage the patient while at the same time leading them on the right path towards recovery. As a practice, nursing focuses not only on restoring the physical health, but instead, concentrates on holistic health. For this reason, my practice focuses on making sure that in addition to my love and support, family members also visits frequently, which boosts overall health (Fowler, 2015).

**References**

Fowler, M. D. (2015). *Code of Ethics for Nurses with Interpretive Statements (2nd ed.).* Silver Spring: The American Nurses Association.

The American Nurses Association. (2015). *Nursing: Scope and Standards of Practice (3rd ed.).* Silver Springs: Nursesbooks.org.